

Health Reimbursement Arrangement and Reduced Health Insurance Rates

The City of Durham provides financial advantage to individuals that participate in Wellness Activities. We believe our most valuable asset is our employees; therefore we have a vested interest in the health of our employees that include the following:

1. City of Durham will reward you with a \$250.00 deductible reimbursement from the Laymon Group by completing your health assessment within 45 days of your benefit effective date.
2. For the 2014-2015 benefit year, City employees have an opportunity to lower their health insurance rates by participating in wellness activities than those that do not participate.

How can you take advantage of these wellness opportunities?

\$250.00 Deductible Reimbursement (Health Reimbursement Arrangement)

Complete your health Assessment within 45 days of your benefit effective date to qualify. (Details on back on “how to complete the health assessment”)

To submit a claim for reimbursement, please refer to your employee benefit summary guide.

Reduced Insurance Rate (Wellness Rate) for 2014-2015 Benefit Year

In addition to completing your health assessment within 45 days of your benefit effective date, you will also need to participate in one additional activity from the list:

- Online BCBSNC Wellness Seminars

How To Complete the Health Assessment:

1. Be sure to have a copy of your BCBSNC ID Card. Cards will arrive in the mail 3-5 business days after you complete your online enrollment. You will need this information to complete the registration process.
2. Go to *mybcbsnc.com*
3. Click on “Register Now”
4. Be sure you enter your Subscriber ID exactly as it appears on the ID card. The Subscriber ID is highlighted on the generic sample ID card shown. (Your ID card may look slightly different.) The Subscriber ID consists of eight to 11 numbers, and may contain up to 4 letters.

5. Enter your date of birth using the following format: mm/dd/yyyy.
6. When entering your home ZIP code, please remember this must be the same ZIP code that we have in our records.
7. Once you are logged in with your user ID and password, click on the “Wellness” tab at the top of the page.
8. Next, click on the “Health Assessment” tab located on the left side of the screen.
9. Then follow the instructions on the screen.

Account setup:

User ID – User ID can be any combination of letters, numbers or special characters, but must be between six and 128 characters in length.

Password – Your password must be no fewer than six characters and no more than 32 characters in length. It must include one non-alphabetical character (a number or symbol, such as @ or %) and cannot contain spaces.

Security Question – As an added measure of security, we ask that you select a question and answer, that only you will know. If you forget your password later, we will ask you to answer this same question in order to verify your identity. Be sure that the question and answer you select are secure.

Email Address – An email address is required. If you do not have an email address you can visit yahoo.com or gmail.com and create an email address to be used for registration.

If you do not have access to a computer, please contact the Benefits Team at 919-560-4214 to obtain a paper copy.